



27th FIG
TRAMPOLINE GYMNASTICS
WORLD AGE GROUP
COMPETITIONS
TOKYO 2019



27th FIG TRAMPOLINE GYMNASTICS WORLD AGE GROUP COMPETITIONS

Tokyo (JPN)

COMPETITION SCHEDULES

THURSDAY - 05 December 2019

TRA Trampoline (IND 13-14 & SYN 11-12)

Time	Warm up area	Competition Hall	Training Hall
09.05	09.50	Ind TRA 13-14 Group 1	Free Training
10.00	10.45	Ind TRA 13-14 Group 1	
09.50	10.35	Ind TRA 13-14 Group 2	
10.45	11.30	Ind TRA 13-14 Group 2	
10.35	11.20	Ind TRA 13-14 Group 3	
11.30	12.15	Ind TRA 13-14 Group 3	
11.20	12.05	Ind TRA 13-14 Group 4	
12.15	13.00	Ind TRA 13-14 Group 4	
		BREAK - 20'	
12.25	13.10	Ind TRA 13-14 Group 5	
13.20	14.05	Ind TRA 13-14 Group 5	
13.10	13.55	Ind TRA 13-14 Group 6	
14.05	14.50	Ind TRA 13-14 Group 6	
14.50	15.20	Synchro 11-12 Group 1	
15.30	16.05	Synchro 11-12 Group 1	
16.50	17.20	Individual Finalists	
17.30	18.00	Finals IND 13.14	
18.35	19.05	Synchro finalists	
19.15	19.45	Finals SYN 11-12	

TUM Tumbling (15-16)

Time	Warm up area	Competition Hall	Training Hall
			Free Training
09.50	10.35	TUM Women 15-16 Group 1	
10.45	11.30	TUM Women 15-16 Group 1	
10.35	11.20	TUM Women 15-16 Group 2	
11.30	12.15	TUM Women 15-16 Group 2	
11.20	12.05	TUM Women 15-16 Group 3	
12.15	13.00	TUM Women 15-16 Group 3	
		BREAK - 20'	
12.25	13.10	TUM Men 15-16 Group 1	
13.20	14.05	TUM Men 15-16 Group 1	
13.10	13.55	TUM Men 15-16 Group 2	
14.05	14.50	TUM Men 15-16 Group 2	
17.25	17.55	Finalists Women	
18.05	18.35	Finals Women 15-16	
18.00	18.30	Finalists Men	
18.40	19.10	Finals Men 15-16	

DMT Double Mini-Trampoline (17-21)

Time	Warm up area	Competition Hall	Training Hall
			Free Training
09.50	10.35	DMT Men 17-21 Group 1	
10.45	11.30	DMT Men 17-21 Group 1	
10.35	11.20	DMT Men 17-21 Group 2	
11.30	12.15	DMT Men 17-21 Group 2	
11.20	12.05	DMT Men 17-21 Group 3	
12.15	13.00	DMT Men 17-21 Group 3	
		BREAK - 20'	
12.25	13.10	DMT Women 17-21 Group 1	
13.20	14.05	DMT Women 17-21 Group 1	
13.10	13.55	DMT Women 17-21 Group 2	
14.05	14.50	DMT Women 17-21 Group 2	
17.25	17.55	Finalists Men	
18.05	18.35	Finals Men 17-21	
18.00	18.30	Finalists Women	
18.40	19.10	Finals Women 17-21	

19.45 / 20.15 - Award Ceremonies (IND / TUM / DMT / SYN)



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COMPETITION SCHEDULES

FRIDAY - 06 December 2019

TRA Trampoline (IND 15-16 & SYN 13-14)

Time	Warm up area	Competition Hall	Training Hall
09.05	09.50	Ind TRA 15-16 Group 1	Free Training
10.00	10.45	Ind TRA 15-16 Group 1	
09.50	10.35	Ind TRA 15-16 Group 2	
10.45	11.30	Ind TRA 15-16 Group 2	
10.35	11.20	Ind TRA 15-16 Group 3	
11.30	12.15	Ind TRA 15-16 Group 3	
11.20	12.05	Ind TRA 15-16 Group 4	
12.15	13.00	Ind TRA 15-16 Group 4	
		BREAK - 20'	
12.25	13.10	Ind TRA 15-16 Group 5	
13.20	14.05	Ind TRA 15-16 Group 5	
13.10	13.55	Ind TRA 15-16 Group 6	
14.05	14.50	Ind TRA 15-16 Group 6	
14.15	14.50	Synchro 13-14 Group 1	
15.00	15.35	Synchro 13-14 Group 1	
14.50	15.25	Synchro 13-14 Group 2	
15.35	16.10	Synchro 13-14 Group 2	
16.50	17.20	Individual Finalists	
17.30	18.00	Finals IND 15-16	
18.35	19.05	Synchro finalists	
19.15	19.45	Finals SYN 13-14	

TUM Tumbling (17-21)

Time	Warm up area	Competition Hall	Training Hall
09.50	10.35	TUM Men 17-21 Group 1	Free Training
10.45	11.30	TUM Men 17-21 Group 1	
10.35	11.20	TUM Men 17-21 Group 2	
11.30	12.15	TUM Men 17-21 Group 2	
11.20	12.05	TUM Men 17-21 Group 3	
12.15	13.00	TUM Men 17-21 Group 3	
		BREAK - 20'	
12.25	13.10	TUM Women 17-21 Group 1	
13.20	14.05	TUM Women 17-21 Group 1	
13.10	13.55	TUM Women 17-21 Group 2	
14.05	14.50	TUM Women 17-21 Group 2	
14.05	14.50	TUM Women 17-21 Group 3	
15.00	15.35	TUM Women 17-21 Group 3	
17.25	17.55	Finalists Men	
18.05	18.35	Finals Men 17-21	
18.00	18.30	Finalists Women	
18.40	19.10	Finals Women 17-21	

DMT Double Mini-Trampoline (11-12)

Time	Warm up area	Competition Hall	Training Hall
10.35	11.20	DMT Women 11-12 Group 1	Free Training
11.30	12.15	DMT Women 11-12 Group 1	
11.20	12.05	DMT Women 11-12 Group 2	
12.15	13.00	DMT Women 11-12 Group 2	
		BREAK - 20'	
12.25	13.10	DMT Men 11-12 Group 1	
13.20	14.05	DMT Men 11-12 Group 1	
13.10	13.55	DMT Men 11-12 Group 2	
14.05	14.50	DMT Men 11-12 Group 2	
17.25	17.55	Finalists Women	
18.05	18.35	Finals Women 11-12	
18.00	18.30	Finalists Men	
18.40	19.10	Finals Men 11-12	

19.45 / 20.15 - Award Ceremonies (IND / TUM / DMT / SYN)



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COMPETITION SCHEDULES

SATURDAY - 07 December 2019

TRA Trampoline (IND 17-21 & SYN 15-16)

Time	Warm up area	Competition Hall	Training Hall
09.05	09.50	Ind TRA 17-21 Group 1	
10.00	10.45		Ind TRA 17-21 Group 1
09.50	10.35	Ind TRA 17-21 Group 2	
10.45	11.30		Ind TRA 17-21 Group 2
10.35	11.20	Ind TRA 17-21 Group 3	
11.30	12.15		Ind TRA 17-21 Group 3
11.20	12.05	Ind TRA 17-21 Group 4	
12.15	13.00		Ind TRA 17-21 Group 4
		BREAK - 20'	
12.25	13.10	Ind TRA 17-21 Group 5	
13.20	14.05		Ind TRA 17-21 Group 5
13.10	13.55	Ind TRA 17-21 Group 6	
14.05	14.50		Ind TRA 17-21 Group 6
14.15	14.50	Synchro 15-16 Group 1	
15.00	15.35		Synchro 15-16 Group 1
14.50	15.25	Synchro 15-16 Group 2	
15.35	16.10		Synchro 15-16 Group 2
15.25	16.00	Synchro 15-16 Group 3	
16.10	16.45		Synchro 15-16 Group 3
16.50	17.20	Individual Finalists	
17.30	18.00		Finals IND 17-21
18.35	19.05	Synchro finalists	
19.15	19.45		Finals SYN 15-16

TUM Tumbling (11-12)

Time	Warm up area	Competition Hall	Training Hall
10.35	11.20	TUM Men 11-12 Group 1	
11.30	12.15		TUM Men 11-12 Group 1
11.20	12.05	TUM Men 11-12 Group 2	
12.15	13.00		TUM Men 11-12 Group 2
		BREAK - 20'	
12.25	13.10	TUM Women 11-12 Group 1	
13.20	14.05		TUM Women 11-12 Group 1
13.10	13.55	TUM Women 11-12 Group 2	
14.05	14.50		TUM Women 11-12 Group 2
17.25	17.55	Finalists Men	
18.05	18.35		Finals Men 11-12
18.00	18.30	Finalists Women	
18.40	19.10		Finals Women 11-12

DMT Double Mini-Trampoline (13-14)

Time	Warm up area	Competition Hall	Training Hall
09.50	10.35	DMT Women 13-14 Group 1	
10.45	11.30		DMT Women 13-14 Group 1
10.35	11.20	DMT Women 13-14 Group 2	
11.30	12.15		DMT Women 13-14 Group 2
11.20	12.05	DMT Women 13-14 Group 3	
12.15	13.00		DMT Women 13-14 Group 3
		BREAK - 20'	
12.25	13.10	DMT Men 13-14 Group 1	
13.20	14.05		DMT Men 13-14 Group 1
13.10	13.55	DMT Men 13-14 Group 2	
14.05	14.50		DMT Men 13-14 Group 2
17.25	17.55	Finalists Women	
18.05	18.35		Finals Women 13-14
18.00	18.30	Finalists Men	
18.40	19.10		Finals Men 13-14

19.45 / 20.15 - Award Ceremonies (IND / TUM / DMT / SYN)



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COMPETITION SCHEDULES

SUNDAY - 08 December 2019

TRA Trampoline (IND 11-12 & SYN 17-21)

Time	Warm up area	Competition Hall	Training Hall
08.35	09.20	Ind TRA 11-12 Group 1	Free Training
09.30	10.15	Ind TRA 11-12 Group 1	
09.20	10.05	Ind TRA 11-12 Group 2	
10.15	11.00	Ind TRA 11-12 Group 2	
10.05	10.50	Ind TRA 11-12 Group 3	
11.00	11.45	Ind TRA 11-12 Group 3	
		BREAK - 15'	
11.05	11.50	Synchro 17-21 Group 1	
12.00	12.35	Synchro 17-21 Group 1	
11.50	12.25	Synchro 17-21 Group 2	
12.35	13.10	Synchro 17-21 Group 2	
12.25	13.00	Synchro 17-21 Group 3	
13.10	13.45	Synchro 17-21 Group 3	
15.50	16.20	Individual Finalists	
16.30	17.00	Finals IND 11-12	
17.35	18.05	Synchro finalists	
18.15	18.45	Finals SYN 17-21	

TUM Tumbling (13-14)

Time	Warm up area	Competition Hall	Training Hall
08.35	09.20	TUM Men 13-14 Group 1	Free Training
09.30	10.15	TUM Men 13-14 Group 1	
09.20	10.05	TUM Men 13-14 Group 2	
10.15	11.00	TUM Men 13-14 Group 2	
10.05	10.50	TUM Men 13-14 Group 3	
11.00	11.45	TUM Men 13-14 Group 3	
		BREAK - 15'	
11.05	11.50	TUM Women 13-14 Group 1	
12.00	12.35	TUM Women 13-14 Group 1	
11.50	12.25	TUM Women 13-14 Group 2	
12.35	13.10	TUM Women 13-14 Group 2	
12.25	13.00	TUM Women 13-14 Group 3	
13.10	13.45	TUM Women 13-14 Group 3	
16.25	16.55	Finalists Men	
17.05	17.35	Finals Men 13-14	
17.00	17.30	Finalists Women	
17.40	18.10	Finals Women 13-14	

DMT Double Mini-Trampoline (15-16)

Time	Warm up area	Competition Hall	Training Hall
08.35	09.20	DMT Women 15-16 Group 1	Free Training
09.30	10.15	DMT Women 15-16 Group 1	
09.20	10.05	DMT Women 15-16 Group 2	
10.15	11.00	DMT Women 15-16 Group 2	
10.05	10.50	DMT Women 15-16 Group 3	
11.00	11.45	DMT Women 15-16 Group 3	
		BREAK - 15'	
11.05	11.50	DMT Men 15-16 Group 1	
12.00	12.35	DMT Men 15-16 Group 1	
11.50	12.25	DMT Men 15-16 Group 2	
12.35	13.10	DMT Men 15-16 Group 2	
12.25	13.00	DMT Men 15-16 Group 3	
13.10	13.45	DMT Men 15-16 Group 3	
16.25	16.55	Finalists Women	
17.05	17.35	Finals Women 15-16	
17.00	17.30	Finalists Men	
17.40	18.10	Finals Men 15-16	

18.45 / 19.15 - Award Ceremonies (IND / TUM / DMT / SYN)